



Davis Spine & Orthopaedics

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Instructions for Discontinuing Medications before Surgery

This is a list of some common medications that must be discontinued prior to your procedure. Discontinuing these medications may reduce side-effects and complications during and after your surgery. If you take any of the following medications, **discuss discontinuing with your primary care physician or prescribing physician.**

Fourteen (14) days before planned surgery:

- Isocarboxazid (Marplan)
- Phenelzine (Nardil)
- Selegiline (Emsam)
- Tranylcypromin (Parnate)
- Tamoxifen (Tamofen)

Ten (10) days before planned surgery:

- Clopidogrel (Plavix)

Seven (7) days before planned surgery:

- Medications containing Aspirin
 - Alka-seltzer, Aspirin, Bayer, Lortab ASA, Darvon, Ecotrin, Excedrin, Midol, Pepto-Bismol
- Non-Steroidal Anti-inflammatory Drugs (NSAIDs)
 - Advil, Aleve, Midol, Mortin, Naprosyn, Relefen, Voltaren
- Nutritional and herbal supplements
 - Cinnamon, fish oil, garlic, ginger, ginseng, glutamine, multivitamins, Omega-3, St. John's wort, Vitamin E
- Aspirin-Dipyridamole (Aggrenox)
- Cilostazole (Pletal)
- Prasugrel (Effient)

Five (5) days before planned surgery:

- Warfarin (Coumadin)

REMEMBER: You must speak to your primary care physician or prescribing physician before stopping any medications